

## 2021 – 2022 OWEP Scholars Application Packet

### **Benefits**

- Students accepted as an OWEP scholar will receive enriched education, training and career development opportunities, focused on interprofessional development and the prevention and treatment of opioid use and substance use disorder.
- Internships will focus on the interprofessional integration of addictions and behavioral health treatment interventions and/or prevention in a primary care setting or interdisciplinary behavioral health setting;
- Annual stipend for living expenses for full-time students (part-time students are prorated off ½ of the full-time amount and is based on their amount of time in the program):
  - Masters-level students: \$10,000
  - Counseling/School Psychology PhD students: \$25,000
  - Psychiatric Mental Health Nurse Practitioner students: \$28,352

### **Who should apply?**

- Students interested in clinical practice working in the treatment or prevention of opioid use disorder and addiction services in an integrated health setting, in the Mental Health Counseling (Masters), Psychiatric Mental Health Nurse Practitioner (DNP), Rehabilitation Counseling (Masters), School Counseling (Masters), School Psychology (Masters), Counseling/School Psychology (PhD) or Social Work (Masters) programs.

### **Eligibility**

- Mental Health Counseling (Masters), Psychiatric Mental Health Nurse Practitioner (DNP), Rehabilitation Counseling (Masters), School Counseling (Masters), School Psychology (Masters), Counseling/School Psychology (PhD) or Social Work (Masters) students entering their last year of clinical or field practicum and in good standing (as defined by the respective program).
- U.S. citizen, non-citizen national or foreign national with a visa permitting permanent residence.

### **Requirements**

- Maintain a course load and good academic standing in your appropriate school and fulfill predetermined requirements for your program.
- Complete the enhanced training program on behavioral health with a focus on opioid and substance use disorder.
- Commit to seeking employment related to behavioral health in high need and high demand areas, including rural, vulnerable, or underserved communities following graduation.
- Commit to providing contact and employment information following graduation.
- Complete a competitive OWEP scholars' program application process.
- See supplemental application information for more information.

## **Application Process**

1. Return this **completed form, required statement and one copy of your resume** by the application deadline (see below) to your coordinator (see below) or their designee.
  - a. Mental Health Counseling (MS): Saturday, May 1<sup>st</sup>, 2021
  - b. Rehabilitation Counseling (MS): Saturday, May 1<sup>st</sup>, 2021
  - c. Psychiatric Mental Health Nurse Practitioner (DNP): Friday, April 30<sup>th</sup>, 2021
  - d. School Counseling (EdM): Saturday, May 1<sup>st</sup>, 2021
  - e. School Psychology (MA): Saturday, May 1<sup>st</sup>, 2021
  - f. Counseling/School Psychology (PhD): Saturday, May 1<sup>st</sup>, 2021
  - g. Social Work (MSW): Thursday, April 1<sup>st</sup>, 2021
2. The Selection Committee will review applications, select candidates for interviews, and notify all applicants of final decisions.

## **Contact Information**

Counseling Faculty Coordinator  
Tim Janikowski, PhD  
418 Baldy Hall  
Buffalo, NY 14260  
Phone: 716-645-1122  
E-mail: [tjanikow@buffalo.edu](mailto:tjanikow@buffalo.edu)

Rehabilitation Counseling Faculty Coordinator  
Scott Sabella, PhD, CRC  
419 Baldy Hall  
Buffalo, NY 14260  
Phone: 716-645-1123  
E-mail: [sasabell@buffalo.edu](mailto:sasabell@buffalo.edu)

Nursing PMHNP Coordinator  
Dr. Patti Nisbet, DNP, PMHNP-BC  
304B Wende Hall  
Buffalo, NY 14214  
Phone: 716-829-6085  
E-mail: [panisbet@buffalo.edu](mailto:panisbet@buffalo.edu)

Social Work Field Coordinator  
Laura Lewis, PhD, LCSW, ACSW  
634 Baldy Hall  
Buffalo, NY 14260  
Phone: 716-829-1232  
E-mail: [lalewis@buffalo.edu](mailto:lalewis@buffalo.edu)

Project Coordinator  
Joshua Altemoos, EdM  
317D Wende Hall  
Buffalo, NY 14214  
Phone: 716-829-5778  
E-mail: [jraltemo@buffalo.edu](mailto:jraltemo@buffalo.edu)

Project Director  
Yu-Ping Chang, PhD, RN, FGSA, FIAAN, FAAN  
101C Wende Hall  
Buffalo, NY 14214  
Phone: 716-829-2015  
E-mail: [yc73@buffalo.edu](mailto:yc73@buffalo.edu)

# 2021 – 2022 OWEP Scholars Application

Name: \_\_\_\_\_

UB Person Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

## **Enrollment Information**

Which program are you in?

- Counseling/School Psychology (PhD)
- Mental Health Counseling (MS)
- Psychiatric Mental Health Nurse Practitioner (DNP)
- Rehabilitation Counseling (MS)
- School Counseling (EdM)
- School Psychology (MA)
- Social Work (MSW)

What is your enrollment status?

- Full-Time
- Part-Time

*UB does not discriminate or request information to make award decisions based on ethnicity, national origin, gender, identity, sexual orientation, disability, religion or age. Your responses to the questions below are optional. Confidentiality will be maintained, and demographic information will be reported in aggregate only. If selected, any required information will be collected at intake.*

## **Demographic Information**

What is your gender identity?

- Male
- Female
- Transgender
- Other (please specify): \_\_\_\_\_
- Do not wish to provide.

What is your date of birth? \_\_\_\_\_

What is your race?

- American Indian or Alaskan Native

- Asian
- Black or African American
- Native Hawaiian or Pacific Islander
- White
- Other (please specify): \_\_\_\_\_

Are you Hispanic/Latinx):

- Yes
- No

What languages other than English do you speak? \_\_\_\_\_

Do you come from an economically and/or educationally disadvantaged environment?

- Yes
- No

Are you from a rural area?

- Yes
- No

Are you a veteran?

- Active Duty
- Reservist
- Veteran – Prior Service
- Veteran – Retired
- No

Please provide and attach a succinct statement (approximately 750 words) describing your:

- Career Goals
- The attitudes, experiences, and skills that you will bring to this project
- The desire to develop skills for interprofessional practice in behavioral health
- Interest in working with integrated care, substance abuse and addiction
- Interest in learning evidence-based interventions and culturally sensitive practice
- Any barriers that you may have in participating in project activities

This project is supported by funds from the Health Resources and Services Administration (HRSA), Bureau of Health Workforce (BHW) and Division of Nursing and Public Health (DNPH) under grant number T98HP33411 of the Opioid Workforce Expansion Program (OWEP).

By submitting this request, I affirm that I have met all program requirements, I authorize and grant permission to my academic unit or its representatives involved with the fellowship award process, to obtain and examine my academic transcript, letters of recommendation, and resume, for the purpose of applying for fellowship awards, as well ensuring continued eligibility, should I be selected. I understand that not all applicants will be awarded a fellowship, as there are limited fellowship funds available.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# **UB HRSA OWEP 2021 - 2022 Scholars Program**

## **What is OWEP?**

The Opioid Workforce Expansion Program is a Health Resources and Services Administration (HRSA) funded workforce education and training program, which aims to develop and expand a behavioral health workforce serving populations across the lifespan of people including rural and medically underserved areas, with a focus on the treatment and prevention of opioid and substance abuse. The program aims at closing the gap in access to behavioral health care services through enabling community partnerships and providing advanced training for students entering the fields of behavioral health and substance abuse. The principal investigator/project director for the UB OWEP program is Dr. Yu-Ping Chang, PhD, RN, FGSA, FIAAN, FAAN. Dr. Chang is the Patricia H. and Richard E. Garman Endowed Professor, Associate Dean for Research and Scholarship, Chair, Family, Community and Health Systems Science Division and a Professor for the UB School of Nursing. The Project Coordinator is Joshua Altemoos, EdM, BTEch.

## **What makes up the OWEP Scholars program?**

The OWEP program consists of a comprehensive training program, created to supplement clinical training that students receive. This program focuses on integrated care, behavioral health and substance abuse. The program cohort consists of students from different parts of the behavioral health and substance abuse field, namely psychiatric mental health nursing, school counseling, school psychology and social work. In addition, the program is made up of a group of interdisciplinary team members and trainers from the backgrounds of interprofessional education, social work, psychology, family medicine, mental health counseling, rehabilitation counseling, addiction medicine, psychiatric nursing and student development

## **Eligibility Requirements**

- Mental Health Counseling (Masters), Psychiatric Mental Health Nurse Practitioner (DNP), Rehabilitation Counseling (Masters), School Counseling (Masters), School Psychology (Masters), Counseling/School Psychology (PhD) or Social Work (Masters) students entering their last year of clinical or field practicum and in good standing (as defined by the respective program).
- U.S. citizen, non-citizen national or foreign national with a visa permitting permanent residence.

## **Program Requirements & Expectations**

- Maintain good academic standing in your appropriate school and fulfill predetermined requirements for your program.
- Complete a longitudinal clinical/field placement or internship in a designated behavioral health setting.
- Complete the enhanced training program on behavioral health with a focus on opioid and substance use disorder or prevention.
  - Attend in person workshops as scheduled (see the example FT schedule)
    - About 8 a semester and these in the past these have been on Friday from 1:00 PM – 4:00 PM or 9:00 AM – 12:00 PM.
  - Complete online modules, as scheduled (see the example FT schedule)
  - Participate in program assessments
  - Participate in Interprofessional peer groups involving group discussions (in and out of the workshops)

- Participate in patient simulations
- Participate in online discussions for each topic area and reply to one other unquiet post or participate in in-person discussion groups (depending on the workshop).
- Commit to seeking employment related to behavioral health in high need and high demand areas, including rural, vulnerable, or underserved communities following graduation.
- Commit to providing contact and employment information following graduation.
- Sign a commitment letter for the program, outlining the understanding of the requirements and related information

## **Stipend Information**

Student stipends levels are set by HRSA. They are dependent on degree level, enrollment status, and have different timeframes on how they are issued.

- Full-time Mental Health Counseling (MS), Rehabilitation Counseling (MS), Schooling Counseling (EdM), School Psychology (MA) and Social Work (MSW) students receive \$10,000, this amount is spilt in half between the beginning and end of the Spring 2020 semester.
- Full-time Counseling/School Psychology (PhD) students receive \$25,000 paid bi-weekly over the course of the program. The exact bi-weekly amount is dependent on the number of pay periods between September 1 and June 1, as defined by SUNY RF.
- Full-time Psychiatric Mental Health Nurse Practitioner (DNP) receive \$28,352 paid bi-weekly over the course of the program. The exact bi-weekly amount is dependent on the number of pay periods between September 1 and June 1, as defined by SUNY RF.

Part-time stipends are prorated base on the time in the OWEP program, please contact Josh Altemoos with any questions regarding PT stipends.

Stipends are processed through SUNY RF Payroll and take roughly six weeks to process, once the forms have been filled out, signed and submitted.

Program stipends may have an impact on your financial aid and/or tax situation (please contact your financial aid counselor or accountant for more information).

### **Example Schedule – Fall 2020**

<b>Date/Time/Location</b>	<b>Workshop Topic</b>
<b>Friday, September 4<sup>th</sup></b>	Program Kick-off
<b>Friday, September 11<sup>th</sup></b>	Introduction to Addictions and Substance Use & Co-Occurring Disorders
<b>Friday, September 18<sup>th</sup></b>	Interprofessional Education
<b>Friday, October 9<sup>th</sup></b>	Motivational Interviewing #1
<b>Friday, October 16<sup>th</sup></b>	Medication Assisted Treatment
<b>Friday, October 23<sup>rd</sup></b>	Cultural Competency
<b>Friday, October 30<sup>th</sup></b>	Integrated Care & Telehealth for Behavioral Health
<b>Week of November 6<sup>th</sup> &amp; 13<sup>th</sup></b>	Patient Simulation #1
<b>Friday, November 20<sup>th</sup></b>	Addiction and Substance Use in Adolescents
<b>Friday, December 4<sup>th</sup></b>	Trauma Informed Care
<b>Friday, December 11<sup>th</sup></b>	End of Semester Meeting

## Example Schedule – Spring 2021

<b>Date/Time/Location</b>	<b>Workshop Topic</b>
<i>Week of</i> <b>Monday, January 25<sup>th</sup></b> <i>Web-based</i>	Substance Use Disorder Diagnosis & Treatment
<b>Friday, February 5<sup>th</sup></b>	Opioid Use and the Community and COVID-19
<b>Friday, February 12<sup>th</sup></b>	Cognitive Behavioral Therapy
<b>Friday, February 26<sup>th</sup></b>	Screen, Brief Intervention, Referral to Treatment (SBIRT)
<b>Friday, March 5<sup>th</sup></b>	Supervision
<b>Friday, March 12<sup>th</sup></b>	Motivational Interviewing
<b>Friday, April 2<sup>nd</sup></b>	Evidence Based Practice
<b>Friday, April 9<sup>th</sup></b>	Mindfulness
<b>Friday April 23<sup>rd</sup></b>	Simulation
<b>Friday, April 30<sup>th</sup></b>	Simulation
<b>Friday, May 7<sup>th</sup></b>	End of Program Meeting

### OWEP Contact Information

#### Contact Information

##### Project Contacts

Project Coordinator:

Joshua Altemoos, EdM

321E Wende Hall

Buffalo, NY 14214

Phone: 716-829-5778

E-mail: [jraltemo@buffalo.edu](mailto:jraltemo@buffalo.edu)

Project Director:

Yu-Ping Chang, PhD, RN, FGSA, FIAAN, FAAN

101C Wende Hall

Buffalo, NY 14214

Phone: 716-829-2015

E-mail: [yc73@buffalo.edu](mailto:yc73@buffalo.edu)

##### Academic Program Contacts

Counseling Faculty Coordinator

Tim Janikowski, PhD

418 Baldy Hall

Buffalo, NY 14260

Phone: 716-645-1122

E-mail: [tjanikow@buffalo.edu](mailto:tjanikow@buffalo.edu)

Rehabilitation Counseling Faculty Coordinator

Scott Sabella, PhD, CRC

419 Baldy Hall

Buffalo, NY 14260

Phone: 716-645-1123

E-mail: [sasabell@buffalo.edu](mailto:sasabell@buffalo.edu)

Nursing PMHNP Program Coordinator

Patti Nisbet, DNP, PMHNP-BC

304B Wende Hall

Buffalo, NY 14214

Phone: 716-829-6085

E-mail: [panisbet@buffalo.edu](mailto:panisbet@buffalo.edu)

Social Work Field Coordinator

Laura Lewis, PhD, LCSW, ACSW

634 Baldy Hall

Buffalo, NY 14260

Phone: 716-829-1232

E-mail: [lalewis@buffalo.edu](mailto:lalewis@buffalo.edu)

*This project is supported by funds from the Health Resources and Services Administration (HRSA), Bureau of Health Workforce (BHW) and Division of Nursing and Public Health (DNPH) under grant number T98HP33411 of the Opioid Workforce Expansion Program (OWEP).*